

# WESTACRE

## WEEK 1

## LUNCH

## SUPPER

<u>Monday</u>	Chicken Pilaff or Pasta with leek and cheese  Rhubarb crumble with custard	Soup of the day or Fish Fingers & Chips  Peach Melba
<u>Tuesday</u>	Blanquette of Lamb or Pinto Bean Chilli	Soup of the day or Smoked Haddock & Cheese Sauce
<u>Wednesday</u>	Lemon Fluff Paprika Goulash or Bulgur Wheat with aubergines and mint	Banana Mousse  Soup of the day or Cheese & biscuits
<u>Thursday</u>	Eve's Pudding Lancashire Hotpot or Aubergine Parmigiana	Fresh Fruit  Soup of the day or Scrambled egg on toast
<u>Friday</u>	Bread and Butter Pudding Fish Pie with sweet potato and parsnip top or Baked Potato with crème fraiche and lump fish caviar	Flavoured Ice Cream  Soup of the day or Pate & Melba Toast  Selection of Yoghurts
<u>Saturday</u>	Banoffee Pie Chicken Pimento or Kale and Mushroom Lasagne	Soup of the day or Fish Cakes & Mash
<u>Sunday</u>	Steamed Treacle Pudding Roast Pork or Cauliflower and Chickpea Curry  Fruit Crumble and Cream	Arctic Roll Soup of the day or Bubble & squeak with bacon  Crème Brulee

- Please note that assorted sandwiches, jacket potatoes and various omelettes are all available upon request
- If the meal offered is not to your liking then an alternative will be provided

# WESTACRE

## WEEK 2

## LUNCH

## SUPPER

<u>Monday</u>	Green Peppercorn Noodles with Pork or Oven Roasted Roots Frittata  Toblerone Cream	Soup of the day or Sausage Roll & Chips  Cheese & Biscuits
<u>Tuesday</u>	Pasta with broccoli, walnuts and bacon or Swede Speltotto or Pearl Barley  Hot Spiced Peaches	Soup of the day or Sausage rolls and baked beans  Fruit with Cream
<u>Wednesday</u>	Chicken Gratin Savoyarde or North African Squash and Chickpea Stew  Sticky Toffee Pudding	Soup of the day or Smoked Mackerel pate on toast  Pear Melba
<u>Thursday</u>	Sweet and Sour Pork or Twice Baked Potatoes  Norwegian Cream	Soup of the day or Omelettes with Assorted Fillings  Fruit Jelly with Ice Cream
<u>Friday</u>	Salmon Pie or Chicory and Sun Dried Tomato Risotto  Fruity Upside Down Pudding	Soup of the day or Cheese on toast  Selection of Yoghurts
<u>Saturday</u>	Pasta with Parsnips and Sausage or Roasted Aubergine Boats  Sun Splash Cheese Cake	Soup of the day or Ham & potato croquettes and beans  Flavoured Ice Cream
<u>Sunday</u>	Roast Lamb or Piperade  Apple Pie	Soup of the day or Buffett  Chocolate Mousse

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# WESTACRE

## WEEK 3

## LUNCH

## SUPPER

<u>Monday</u>	Moussaka or Baby Beet Tarte Tatin	Soup of the day or Poached egg on toast
<u>Tuesday</u>	Rice Pudding Beef in Beer or Spring Greens and Pearl Barley with Goats Cheese	Jelly with Fruit Soup of the day or Cheese and onion rolls with baked beans
<u>Wednesday</u>	Baked Apple and Almond Pudding Somerset Pork Stew or Wild Rice, Mushroom and Hazelnut Soup	Butterscotch Mousse Soup of the day or Fishcakes & parsley sauce
<u>Thursday</u>	Walnut and Orange Pudding Lamb Casserole with Pumpkin and Ginger or Pasta and Pesto Sauce	Flavoured Ice Cream Soup of the day or Omelettes & Assorted Fillings
<u>Friday</u>	Chocolate Mousse Saffron Blanquette of Salmon or Carrot and Parsnip Crumble	Arctic Roll Soup of the day or Macaroni cheese
<u>Saturday</u>	Yoghurt and Lychee Jelly Chicken cooked with Seville (marmalade), Oranges and Green Olives or North African Squash and Chickpea Stew	Crème Brulee Soup of the day or Fish Fingers & Chips
<u>Sunday</u>	Jam Sponge Pudding Roast Beef or Spinach Penne and Cheese Shuffle	Fruit Jelly Soup of the day or Buffett
	Treacle Tart	Flavoured Ice Cream

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# WESTACRE

## WEEK 4

## LUNCH

## SUPPER

<u>Monday</u>	Special Cottage Pie or Squash and Fennel Lasagne  Pineapple Upside Down Pudding	Soup of the day or Scrambled egg on toast  Rice Pudding
<u>Tuesday</u>	Quorma Lamb Curry or Macaroni Peas  Lemon Cheese Jelly	Soup of the day or Sausage & Chips  Fruit Jelly with Ice Cream
<u>Wednesday</u>	Borsch or Vegeree  Bakewell Pudding	Soup of the day or Tuna Pasta Bake  Crème Brulee
<u>Thursday</u>	Chicken Breast, Peppers and Sundried Tomatoes or Leek Koftadas  Bread and Butter Pudding	Soup of the day or Prawn Salad  Strawberry Mousse
<u>Friday</u>	Portuguese Fish Casserole or Porotos Granados (squash and bean stew)  Jam Roly Poly	Soup of the day or Cauliflower Cheese  Mixed Fruit with Cream
<u>Saturday</u>	Kidney and Bean Hot Pot or Macaroni Cauliflower Cheese Bake  Clementine Cake with Mandarins	Soup of the day or Macaroni Cheese  Chocolate Eclairs
<u>Sunday</u>	Roast Chicken or Black Eyed Beans with Mushrooms  Apple Fudge Pudding	Soup of the day or Sausage rolls and Beans Cheese & Biscuits  Tiramisu

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