

Newsletter

WESTACRE

December 2021

Welcome!

Welcome to the December edition of the Westacre newsletter! These monthly newsletters are created for families, residents and staff to give updates on the activities, events and general goings on at Westacre. We hope that it is an entertaining and informative read.

If you have any suggestions on what you would like to see or hear about in future issues, please get in touch by emailing enquiries@westacrenursinghome.co.uk

New First Floor Resident Lounge



We'd like to introduce our new first floor lounge! Previously a bedroom, the space has now been completely refashioned as a communal space for our residents on the first floor.

It's work in progress as we fashion it to the wishes of our residents who also helped us to spruce it up in time for Christmas!

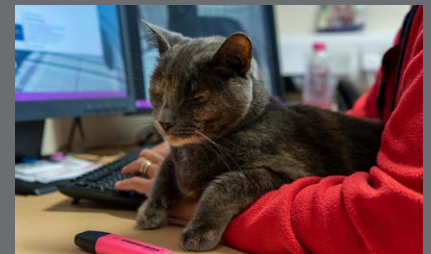


Down on the ground floor we've also had additional work undertaken by our builders to change the library in to a larger TV lounge for when we do our movie focused and sensory activities.

Em's Friendly Farm Visit



A new face to Westacre this week as we received a lovely visit from a rabbit from Em's friendly farm. He made himself quite at home in front of the Christmas tree.



If you'd like to keep up to date with all of our activities and holiday celebrations, consider giving our [Facebook](#) page a like and a follow.



Vespa joins the rest of the house!

Out of her period of isolation for a few weeks now, Vespa has really made herself part of the home!

She's been putting on a show for everyone this month as she plays with her new fish toy.

Want to become an Essential Care Giver?

Each resident will be allowed one essential care giver – the essential care giver will be able to visit their loved one even if they are in isolation. As essential care giver additional testing must be undertaken, this includes:

- Completing a PCR test once a week. The test will need to be completed at Westacre Nursing Home and registered by reception along with our staff tests. The result will need to be documented on our COVID testing database.
- Completing 3 lateral flow tests a week: one lateral flow test on the same day as a PCR test, one lateral flow test 2 to 3 days later, and another 2 to 3 days later. These lateral flow tests can be done onsite, at an asymptomatic testing site, or at home.
- Westacre Nursing Home will provide you with a supply of tests should you wish to complete these at home. These tests will need to be reported as 'visitor' using our UON (10024016).
- If you are unable to commit to the additional testing, you will need to be included as 1 of the 3 nominated visitors.



GOV.UK

Updated Covid Guidance

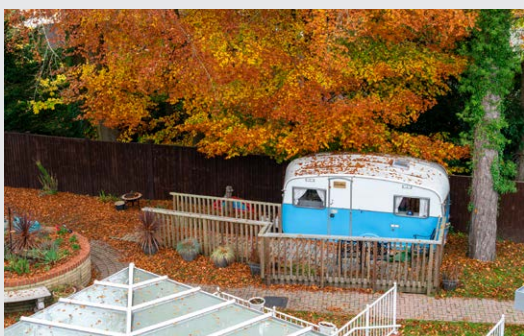
As you may be aware, the government have introduced additional preventative covid-19 measures to limit the spread of the omicron variant.

From Wednesday 15th of December, Care Home residents can nominate 3 visitors who will be able to enter the care home for regular visits in addition to one essential caregiver. Nominated visitors must show a negative covid 19 result on entry as before, either via an on-site test or from a test taken at home that same day. Please follow [this link for more information](#) regarding essential caregiver requirements and additional changes to care home visits.

As always, visits can be booked by phoning Westacre on 01962 855188.

If you have any questions for us, please email us at enquiries@westacrenursinghome.co.uk. If you'd like to keep up with the daily goings on of the home give the [Facebook](#) a follow!

Photo of the Month!



Activities for December

- Ems Visiting Farm
- Choir Singers
- Westacre Christmas Party
- Live music by Kim
- New Year Celebrations