

Newsletter

WESTACRE

July 2021

Welcome!

Welcome to the July edition of the Westacre newsletter! These monthly newsletters are created for families, residents and staff to give updates on the activities, events and general goings on at Westacre. We hope that it is an entertaining and informative read.

If you have any suggestions on what you would like to see or hear about in future issues, please get in touch by emailing enquiries@westacrenursinghome.co.uk

Westacre Caravan!



Our reminiscence caravan went through a refresh this month, ready for our residents to make use of again!

At Westacre, we understand how important it is to keep dear memories alive. For this reason, we have many Dementia care initiatives which aim to help our residents evoke long-lost memories.

With its nostalgic design, the caravan is part of our Reminiscence Therapy treatment program to spark memories of holidays during the swinging sixties and seventies.

Meet the staff #6 - Justyna (Receptionist)



I joined Westacre in April 2011. I am the receptionist and I like greeting and welcoming guests and providing them with a positive first impression of Westacre.

I really enjoy my job as I like being the first point of contact. I have a degree in public administration and awarded in book-keeping and computerised accounts.

In my spare time I enjoy reading non-fiction books, skiing, and socialising with my friends and family.



If you'd like to keep up to date with all of our activities and holiday celebrations, consider giving our [Facebook](#) page a like and a follow.



Resident Meetings

Our resident meetings are a great opportunity for our residents to express their views and have their say on our activities, food preferences, and other goings-on in the home. Over the past few months we've had some great suggestions that led to the creation of our garden and curry clubs!

Outside Entertainment Returns!



With covid-19 restrictions continuing to lift we're hoping to have even more outside entertainment for our residents to enjoy, including the long-awaited return of farm animals coming to the home and live musician Paul coming to perform for us!



Animal visits are a favourite activity at Westacre with past visits from alpacas and animals from Mill Cottage Farm and we're excited to welcome them back!

Photos taken in 2019



GOV.UK

Updated Covid Guidance

As we approach July 19th's lockdown easing, the government has stated that all restrictions on the number of named visitors will be lifted. Residents are also now allowed overnight stays with friends and family with no need to isolate on return.

It is not yet clear whether testing before visits will remain in place, as social care minister Helen Whately reveals some precautions will need to stay in place. As always, please consult the government guidance for more information at:

<https://www.gov.uk/government/publications/visiting-care-homes-during-coronavirus/summary-of-guidance-for-visitors--2>

If you have any questions for us, please email us at enquiries@westacrenursinghome.co.uk. If you'd like to keep up with the daily goings on of the home give the [Facebook](#) a follow!

Photo of the Month!



Upcoming activities for July

- Animal Therapy with farm animals visiting the house!
- Live musician Paul coming to sing to our residents.
- Carribean Party
- French day with French meal and cheese tasting.
- Birthday Celebrations