

# **ESTACRE**

## May 2021

#### Welcome!

Welcome to the May edition of the Westacre newsletter! These monthly newsletters are created for families, residents and staff to give updates on the activities, events and general goings on at Westacre. We hope that it is an entertaining and informative read.

If you have any suggestions on what you would like to see or hear about in future issues, please get in touch by emailing craig.hatch@ westacrenursinghome.co.uk

#### Meet the Staff 4# - John (Maintenence)

"I have worked in maintenance at Westacre since 2015 and enjoy all aspects of my job role.



To relax I like to go out walking with my granddaughter, Elsie, and my dog, Dexter. I like all sports, and especially enjoy going to the gym. Previously, I have completed a spartan and tough mudder obstacle course.

I love going on holiday and my favourite place Cape Verde. Laughter and jokes will always go well with me."



#### Westacre Garden Club!

Now that Spring has finally begun, we've started to hold our garden club! So far this year our residents have grown sage, mint and we recently got started planting carrots, with more vegetables to come soon.

As the weather begins to improve we hope to increase the amount of gardening activities for our residents.

Are you a keen gardener and have some suggestions as to what we could grow in our garden? Send an email and let us know!



If you'd like to keep up to date with all of our activities and holiday celebrations, consider giving our page a like and a follow.



Poppy

A sad month for Westacre as we've had to say goodbye to our lovely housecat Poppy, who passed away peacefully the 13th of April.

We'll all miss her greatly and miss seeing her on her strolls through the house.

#### **Styles and Treatments.**

- Wet Cut
- Restyle
- Wash, Cut and Blow-dry
- T Section, Cap, Half Head and Full Head Highlights
- Clippers All Over

Charges for hairdressing services will be sent out to the payee as an invoice.

For pricing and additional treatments, please visit our website by <u>clicking</u> <u>here</u>.

#### How to book a haircut

If you would like your loved one to see the hairdresser, please email Hollie at hollie.boylan@ westacrenursinghome.co.uk so that we can book them in for the next round of haircuts.

In your email, please include which service your loved one would like and how often would you like them to be seen.

If there is a particular way you would like their hair styled, please let us know.



Hairdressing Returns

Thanks to covid-19 restrictions continuing to lift across the country, we are delighted to inform you that a hairdresser will now be coming to Westacre Nursing Home on a regular basis to see our residents. She will be offering services from trims to perms to colours.

In our search for a new hairdresser, we were looking for an experienced professional who understands the needs and requirements of our residents. It's for this reason that we chose Sam Moore, who is not just a hairdresser, but also an experienced carer in her own right.

Sam will visit Westacre every other Thursday.

If you have any questions for us, please email us at <u>enquiries@westacrenursinghome.co.uk</u>. If you'd like to keep up with the daily goings on of the home give the <u>Facebook</u> a follow!

#### **Photo of the Month!**



### **Upcoming activities for May**

- Mad Science Day & Visual Illusions
- Eurovision Party
- Take a Trip: Norway & India
- Rat Pack Celebration
- Garden Club Days