

Newsletter

WESTACRE

October 2021

Welcome!

Welcome to the October edition of the Westacre newsletter! These monthly newsletters are created for families, residents and staff to give updates on the activities, events and general goings on at Westacre. We hope that it is an entertaining and informative read.

If you have any suggestions on what you would like to see or hear about in future issues, please get in touch by emailing enquiries@westacrenursinghome.co.uk

Staff End of Life Training



Congratulations to our manager and care lead for completing their cpd accredited training to become Westacre's end of life care champions.

Held by the Palliative Care Education Team at Mountbatten Hampshire, the programme includes training sessions and additional support sessions within care homes.

Over the 4 study days, the course aims to provide education on multiple aspects of end of life care, and improve confidence in ensuring an organisational approach to end-of-life care.

Closure of the Visiting Room



Wednesday 13th of October we'll be bidding farewell to our wonderful visiting room as it is turned back in to a bedroom.

We hope that you all enjoyed comfortable visits here during the early stages of the pandemic.

Visits will now all take place in house, subject to a lateral flow test as before. All bookings can be made by calling reception on 01962 855188.



If you'd like to keep up to date with all of our activities and holiday celebrations, consider giving our [Facebook](#) page a like and a follow.



Wildlife Visitors

Being situated on the edge of Winchester, we sometimes receive unexpected animal visitors like this fox here, stretching out and having a good sunbathe in our garden!

Mid-Autumn Festival



Last month our residents got a taste of Chinese moon cake!

Moon cake is traditionally eaten on the 21st of September every year to celebrate the coming of mid-Autumn in the Chinese calendar.

Sure to be a surprising combination, moon cakes typically contain sweet fillings and... a whole duck egg!

Revitalized TV lounge



Our newly refreshed tv lounge is first in the wave of refurbishments we have lined up for this Autumn! More updates soon.



Month of Music

After numerous delays and changing timelines with covid restrictions, we've finally been able to invite music proper back in to Westacre! While still distanced, having singers and entertainers remains a favourite of our residents, and this month we had quite a variety!

Among our musical visitors was Amanda Parsons from Songbird Entertainments who came to the home to sing some of the best hits of the 70s for our residents for a 70s themed music day today!

We also had our guest Kim, who came to sing an eclectic selection of music to help celebrate our Brazilian day.

If you have any questions for us, please email us at enquiries@westacrenursinghome.co.uk. If you'd like to keep up with the daily goings on of the home give the [Facebook](#) a follow!

Photo of the Month!



Upcoming activities for October

- Halloween prep and celebrations!
- Exotic fruit tasting
- Wild science and extinct animals day
- Board games day
- Italian bistro day